Kitchen items

Plastic grocery bags, newspaper bags, bubble wrap, Ziplock food bags and Bread bags (all clean and dry) Plastic cereal bag liners (clean, dry, not like paper) Store drop off (Whole foods, some Shoprite stores). For locations near you, visit

https://www.plasticfilmrecycling.org/recycling-bags-and-wraps/

Plastic bags/packaging from dry and wet groceries lentils, grains, nuts, shrink wrap, salad bags, frozen food bags, saran wrap TerraCycle Plastic All Waste Box (Paid option)

https://www.terracycle.com/en-US/zero waste boxes/plasticpackaging

Candy bar and Snack wrappers (chips, pretzel bags etc.)

and-snack-wrappers

TerraCycle Candy and Snack Wrappers Zero Waste Box (Paid Option) https://www.terracycle.com/en-US/zero waste boxes/candy-

Kitchen waste - plastic packaging, single use plastic for parties (spoons, forks, knives), plastic coffee cup lids etc.

TerraCycle Kitchen Separation Zero Waste Box (Paid option) https://www.terracycle.com/en-US/zero waste boxes/kitchenseparation

Bottle caps (plastic and metal)

TerraCycle Bottle Caps Zero Waste Box (Paid Option) https://www.terracycle.com/en-US/zero waste boxes/bottle-

caps

Corks https://recork.com/



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residue.

Kitchen items (contd.)

#5 (Polypropylene) plastic containers (yogurt containers, prescription medicine bottles, Laundry detergent cups etc.)

https://www.preserve.eco/pages/gimme5-overview (Some Whole Foods locations have a drop-off bin)

Plastic cups (#6 Polystyrene) TerraCycle Solo Cup Recycling program https://www.terracycle.com/en-US/brigades/solo-r-cupbrigade-r

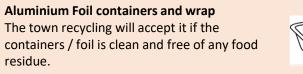
Foam Cups, foam food plates, foam clam shells TerraCycle Dining Disposables and Party Supplies Zero Waste Box (Paid option) https://www.terracycle.com/en-US/zero waste boxes/party-supplies-and-diningdisposables

Coffee capsules and discs recycling program TerraCycle Coffee Capsules Zero Waste Box (Paid option)

https://www.terracycle.com/en-US/zero waste boxes/coffee-capsules Other options: https://www.consumerreports.org/recycling/recycle-kcups-nespresso-capsules-coffee-pods/

Six-pack rings http://www.ringleader.com/program.html





Sports / Outdoors

Athletic shoes (Old) - Nike stores (check link for locations) https://recyclenation.com/2012/08/nike-reuse-shoeprogram/

Old Tennis balls (Recycling is free, shipping fee required) https://www.recycleballs.org/



Around the house

Cravons

Trophies and medals https://www.awardsmall.com/Trophy-Recycling ep 46.html Free drop off if you are in the area, else paid option



CDs and DVDs https://www.cdrecyclingcenter.org/ Service is free, but a donation is recommended / appreciated



Used Toothbrush and Toothpaste Colgate Oral Care Recycling Program https://www.terracycle.com/en-US/brigades/colgate

Eve Glasses http://www.recyclingnj.com/recycle/eyeglasses.html

https://crazycrayons.com/crayon-recycle-program/



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A Quick guide to recycling common household items (for latest brochure: careforyourplanet.org)







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Around the house (contd.)

VHS and Audio Cassettes Greendisk Company https://www.greendisk.com/gdsite/default.aspx

Christmas light strings HolidayLEDS Company https://www.holidayleds.com/christmas-lightrecycling-program.aspx



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Lego Blocks Lego Replay Program http://www.givebackbox.com/lego/#xlink

Socks and Underwear

Nice Laundry Company https://www.nicelaundry.com/pages/a-virtuousrecycle



Razors and their packaging Gillette Razor Recycling Program https://www.terracycle.com/en-

US/brigades/gillette#@40.93874171555486:-73.76941815262269zoom:9&1-20of40

Batteries

EasyPak Battery Recycling (Paid Option) https://www.amazon.com/EasyPak-Battery-Recycling-Container/dp/B07DPVY4B5



Useful tips and websites related to Sustainable efforts / activities

- Find out from your town what articles are accepted in the recycling bin. Most towns have signed up for the "*Recycle Coach*" app (<u>https://recyclecoach.com</u>). This app (on your mobile device) can tell you the permissible items, as per your town. Do not put things that are not accepted by the town for recycling.
- 2. Best Buy has electronic recycling drop off all around the year
- 3. Staples stores also offer recycling for many items all around the year. For complete list of items, visit https://www.staples.com/sbd/cre/marketing/sustainability-center/recycling-services
- 4. You can bring your own containers to carry leftover food at restaurants. This will not only save the restaurant some resources, but will also avoid adding to the trash / plastic. Starbucks accepts personal cups for selling beverages.
- 5. Some grocery stores such as Whole foods have dispensers for nuts, grains and lentils. You can bring your own containers and pay for whatever quantity you purchase, minus the weight of your container.
- 6. Farm markets sell produce with much less plastic packaging compared to big grocery stores. Consider buying your produce at your nearest farm market.
- 7. As much as feasible, carry reusable grocery bags to stores.
- 8. Reuse pasta/other glass bottles for food storage after a thorough cleaning. This way one can avoid buying plastic containers.
- 9. While frying, use only as much oil as needed. If some is leftover, sauté some vegetables in the same for later use.
- 10. Consider composting your fruit and vegetable peels (as well as other compostable items). Many indoor and outdoor compost bins are available for sale in stores and online, for every budget.
- 11. TerraCycle.com is an excellent resource for all kinds of recycling resources, paid as well as free. Join the free programs, and request your town to participate in collection programs for alkaline batteries, razors, bottle caps etc.